

Hands On Nutrition Assessment

2-DAY WORKSHOP • 6-7 JUNE 2019

PARK HYATT MELBOURNE



Program



In conjunction with:

NutritionMedicine

Investigate • Inform • Improve



**Australasian Institute for
Medical Nutrition**

Day 1 Thursday 6 June

Fairmont Room

8.30am - 9.00am	Registration / Tea & Coffee	
9.00am - 10.30am	Nutritional Assessment Introduction	Prof. Mel Sydney-Smith
10.30am - 11.15am	Morning Tea.	
11.15am - 12.45pm	Nutrition Assessment Protocol – symptoms, signs and diet.	Dr. Ashley Berry
12.45pm - 2.15pm	Lunch.	
2.15pm - 3.45pm	Nutrients and Nutrient Deficiency.	Prof. Mel Sydney-Smith
3.45pm - 4.30pm	Afternoon Tea.	
4.30pm - 6.00pm	Physical Examination.	Prof. Mel Sydney-Smith

Day 2 Friday 7 June

Fairmont Room

8.30am - 9.00am	Arrival / Tea & Coffee.	
9.00am - 10.30am	Laboratory Investigation – making the most of common pathology test.	Dr. Ashley Berry
10.30am - 11.15am	Morning Tea.	
11.15am - 12.45pm	Ancillary Laboratory Tests.	Prof. Mel Sydney-Smith Dr. Ashley Berry
12.45pm - 2.15pm	Lunch.	
2.15pm - 3.45pm	Case Study – Clinical Presentation.	Prof. Mel Sydney-Smith Dr. Ashley Berry
3.45pm - 4.30pm	Afternoon Tea.	
4.30pm - 6.00pm	Case Study – Clinical Presentation.	Prof. Mel Sydney-Smith Dr. Ashley Berry

Presenters



Prof. Mel Sydney-Smith MB BS PhD FACNEM

Director and medical practitioner at the Holistic Medical Centre and founder of the Australian College of Holistic Medicine. Author of a Masters Degree in nutritional medicine. International lecturer and author in nutrition and integrative medicine.



Dr. Ashley Berry MB BS Grad Dip (Nutrition)

Major interest is nutritional/complementary medicine. He believes that most chronic illnesses can be improved through a nutritional focus. International lecturer and author in nutrition and integrative medicine.



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