

# Hands On Nutrition Assessment

**2-DAY WORKSHOP • 2-3 NOVEMBER 2020**

PARK HYATT MELBOURNE

## Program



**NutritionMedicine**

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## Day 1      Monday 2 November

### *Fairmont Room*

8.30am - 9.00am	Registration / Tea & Coffee	
9.00am - 10.30am	Nutritional Assessment Introduction	Prof. Mel Sydney-Smith
10.30am - 11.15am	Morning Tea.	
11.15am - 12.45pm	Nutrition Assessment Protocol – symptoms, signs and diet.	Dr. Ashley Berry
12.45pm - 2.15pm	Lunch.	
2.15pm - 3.45pm	Nutrients and Nutrient Deficiency.	Prof. Mel Sydney-Smith
3.45pm - 4.30pm	Afternoon Tea.	
4.30pm - 6.00pm	Physical Examination.	Prof. Mel Sydney-Smith

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## Day 2      Tuesday 3 November

### *Fairmont Room*

8.30am - 9.00am	Arrival / Tea & Coffee.	
9.00am - 10.30am	Laboratory Investigation – making the most of common pathology test.	Dr. Ashley Berry
10.30am - 11.15am	Morning Tea.	
11.15am - 12.45pm	Ancillary Laboratory Tests.	Prof. Mel Sydney-Smith Dr. Ashley Berry
12.45pm - 2.15pm	Lunch.	
2.15pm - 3.45pm	Case Study – Clinical Presentation.	Prof. Mel Sydney-Smith Dr. Ashley Berry
3.45pm - 4.30pm	Afternoon Tea.	
4.30pm - 6.00pm	Case Study – Clinical Presentation.	Prof. Mel Sydney-Smith Dr. Ashley Berry

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## Presenters



### **Prof. Mel Sydney-Smith** MB BS PhD FACNEM

Director and medical practitioner at the Holistic Medical Centre and founder of the Australian College of Holistic Medicine. Author of a Masters Degree in nutritional medicine. International lecturer and author in nutrition and integrative medicine.



### **Dr. Ashley Berry** MB BS Grad Dip (Nutrition)

Major interest is nutritional/complementary medicine. He believes that most chronic illnesses can be improved through a nutritional focus. International lecturer and author in nutrition and integrative medicine.

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