

# Injectable Nutrients

3-DAY WORKSHOP :: 12-14 JUNE 2021

PARK HYATT MELBOURNE

## Program



### Key Speakers and Panel

This internationally acclaimed workshop features Key Speakers from, Chile/Cuba/USA/UAE, and Australia



AUSTRALIA

**Dr. Ian Dettman** *PhD (Biochem, Monash Uni) BSc(Hons) ND FANTA FACBS RACI MASM PDA AIMS PSA SHPA ACNEM (Life Member) ATMS AIMN (Founder)*  
Founding director of AIMN. Qualifications & experience in biochemistry, microbiology, pharmacy, pathology & naturopathy; principal author of AIMN training. Managing Director of AIMN.



AUSTRALIA

**Prof. Avni Sali** *AM MBBS PhD FRACS FACS FACEM*  
Founding Director of NIIM, and Member of the Scientific Board of the European Congress for Integrative Medicine. Expertise in areas of cancer and chronic disease. Co-author of A Clinician's Guide to Integrative Oncology. Received Order of Australia 2016 for significant service to integrative medicine.



AUSTRALIA

**Dr. Joachim Fluhrer** *MBBS ND FACEM*  
Founder of Your Health clinics in Sydney, with many decades of experience in integrative medicine and as an international lecturer. Director and founder of Genotics.



AUSTRALIA

**Dr. Karel Hromek** *BMed BSc FACEM FACRRM FINMA*  
Medical Practitioner in Mullumbimby NSW, who has long specialised in Nutritional and Environmental Medicine (NEM) with a special interest in chelation therapy. International lecturer and author in nutrition and chelation.



AUSTRALIA

**Dr. Robert Hanner** *MBBS BSc(Hons) FACEM*  
Practices medicine based on the integration of conventional medicine and evidence based natural therapies. Currently working full-time in an accredited general practice at YourHealth Brighton where he oversees the intravenous clinic.



AUSTRALIA

**Dr. Ashley Berry** *MBBS Grad Dip (Nutrition)*  
Major interest is nutritional/complementary medicine. He believes that most chronic illnesses can be improved through a nutritional focus. International lecturer and author in nutrition and integrative medicine.



CHILE / CUBA / USA / UAE

**Dr. Yaisy Picrin** *MD MSc*  
Senior Medical Practitioner based in Santiago, Chile, specialising in Orthomolecular Medicine and Nutrition. Yaisy has done extensive work in Diabetes as well as promoting nutrition and lifestyle.



**AIMN**

Australasian Institute for  
Medical Nutrition

# Day 1

## Saturday 12 June

### Grand Ballroom

Pre-Test will be sent prior to the workshop and must be submitted prior to commencement of the workshop.

8.00am - 8.30am	Registration / Tea, Coffee & Snacks.	
8.30am - 8.45am	Opening Address and Introduction.	Dr. Ian Dettman
8.45am - 9:00am	Why Injectable Nutrition?	Dr. Joachim Fluhrer
9:00am - 9.30am	Legal Aspects - Opening an Injectable Nutrition Practice.	Daan Spijer
9.30am - 11.00am	Vitamin C Theory.	Cliff Meakin
11.00am - 11.30am	Morning Tea - snacks provided.	
11.30am - 12.00pm	Vitamin C Safety.	Dr. Ian Dettman
12.00pm - 12.45pm	Vitamin C Administration Guidelines.	Dr. Joachim Fluhrer
12.45pm - 1.30pm	Current Clinical Trials using Injectable Vitamin C including Cancers, <b>Coronavirus COVID-19</b> and Sepsis, and including combination with Vitamin B1.	Cliff Meakin
1.30pm - 2.15pm	Lunch provided.	
2.15pm - 2.45pm	Aseptic procedures and the importance of infectious disease control.	Sue McGregor
2.45pm - 3.30pm	Practical demonstration of IV C as a straight push. Practical demonstration / preparation and administration of IV C infusion by delegates.	Sue McGregor
3.30pm - 4.00pm	Afternoon Tea - snacks provided.	
4.00pm - 4.45pm	An Integrative Approach to the care of the Cancer Patient.	Prof. Avni Sali
4.45pm - 5.30pm	Case Histories & Panel Review of the day's material.	Panel / Presenters
5.30pm - 6.30pm	SPECIAL PRESENTATION Introduction to Hands On Assessment of Nutritional Deficiencies.	Prof. Mel Sydney-Smith Dr. Ashley Berry
6.30pm - 7.00pm	SPECIAL PRESENTATION Documentary - Dr. Archie Kalokerinos MD - Greek Australian of the Century. A Medical Pioneer who reduced Cot Death in Aboriginal Children by recognising Scurvy as a contributor to Cot Death and Shaken Baby Syndrome.	
7.00pm	Close of Day 1.	

## Panel / Presenters

**Dr. Ian Dettman** PhD (Biochem, Monash Uni) BSc(Hons) ND FANTA FACBS  
RACI MASM PDA AIMS PSA SHPA ACNEM (Life Member) ATMS AIMN (Founder)  
Founding director of AIMN; qualifications & experience in biochemistry, microbiology, pharmacy, pathology & naturopathy; principal author of AIMN training. Managing Director of AIMN.

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**Dr. Ashley Berry** MBBS Grad Dip (Nutrition)  
Major interest is nutritional/complementary medicine. He believes that most chronic illnesses can be improved through a nutritional focus. International lecturer and author in nutrition and integrative medicine.

# Day 2

## Sunday 13 June

### Grand Ballroom

8.00am - 8.30am	Arrival / Tea, Coffee & Snacks.	
8.30am - 9.00am	Review and Q&A from Day One.	Panel / Presenters
9.00am - 9.45am	Vitamin B Theory and Clinical Use. The use of B1 / B2 / B3 / B5 / B6 / B12 and Folic Acid in conditions such as Wernicke's / Sepsis / Cancer.	Cliff Meakin
9.45am - 10.15am	Myers Cocktail Theory.	Cliff Meakin
10.15am - 10.45am	Morning Tea - snacks provided.	
10.45am - 11.30am	Vitamin D3 / Trace Elements.	Cliff Meakin
11.30am - 12.30pm	Case history and panel review of the day's material.	Panel / Presenters
12.30pm - 1.30pm	Lunch provided.	
1.30pm - 2.30pm	Practical aspects of setting up an IV clinic. - Including: patient care, equipment, setting up costs, consumables, etc including panel discussion and questions & answers.	Sue McGregor
2.30pm - 3.30pm	Practical Demonstration of modified Myers Cocktail as a slow straight push by AIMN. Practical demonstration / preparation of modified Myers Cocktail as an infusion by delegates.	Sue McGregor
3.30pm - 4.00pm	Afternoon Tea - snacks provided.	
4.00pm - 5.00pm	Clinical Overview of Integrative Medicine.	Dr. Robert Hanner
5.00pm - 5.20pm	Cognitive Dysfunction and Vitamin C.	Nikolaj Travica Prof. Avni Sali
5.20pm - 5.50pm	Cancer Growth and Sensitivity - Genostics Evaluation.	Dr. Joachim Fluhrer
5.50pm - 6.15pm	Panel Review and Q&A of day's material.	Panel / Presenters
6.15pm	Close of Day 2.	

#### Dr. Yaisy Picrin MD MSc

Senior Medical Practitioner based in Santiago, Chile, specialising in Orthomolecular Medicine and Nutrition. Yaisy has done extensive work in Diabetes as well as promoting nutrition and lifestyle.

#### Prof. Mel Sydney-Smith MBBS PhD FACNEM

Director, Medical Practitioner and founder of the Australian College of Holistic Medicine. Author of a Masters Degree in nutritional medicine. International lecturer and author in nutrition and integrative medicine.

#### Cliff Meakin BHSc

Medical researcher; qualified naturopath; lectured in nutrition & naturopathic topics at SSNT; co-author of AIMN training. Very competent computer systems manager and highly respected piano tuner.

#### Daan Spijer LLB ACNEM (Life Member)

Daan has a degree in law. He brings his experience at ACNEM (former CEO) and at ACMN to AIMN. Daan continues to assist doctors from time to time when dealing with their Australian medical peers.

#### Sue McGregor RN Div 1 BHSc DipNutr GDipClinEd MPH

Nurse trainer with extensive experience in the administration of injectable nutrients; working in large integrative medicine clinics; has been an ACMN/AIMN presenter for years.

#### Nikolaj Travica Bsc(Hons) Cert III Pathol Research Assistant / PhD candidate

Nikolaj has a Bachelor in Psychology & Psychophysiology and an Honours degree in Science, majoring in Psychology. His key areas of interest include research into the effects of nutrition on cognitive and neuropsychological functioning, with the potential to improve cognition and reduce other health risk factors for dementia. His ongoing research PhD: Vitamin C & cognitive function; the effects of surgery on cognition and the effects of surgery on Vitamin C levels.

# Day 3

## Monday 14 June

### Grand Ballroom

8.00am - 8.30am	Arrival / Tea, Coffee & Snacks.	
8.30am - 9.15am	Vitamin C, Glutathione & Alpha Lipoic Acid Theory.	Cliff Meakin
9.15am - 10.00am	Injectable Nutrients in Chronic & Acute Medical Conditions.	Dr. Joachim Fluhrer
10.00am - 10.45am	Intravenous Vitamin C, Zinc & Vitamin D for the Treatment of COVID-19 Positive Patients.	Cliff Meakin
10.45am - 11.15am	Practical Demonstration / Theory of Clinical Use: - IVC +/- IV Glutathione. - IVC +/- IV Alpha Lipoic Acid. - IVC + IV Glutathione + IV Alpha Lipoic Acid Superantioxidant Mix.	Sue McGregor Dr. Joachim Fluhrer Dr. Karel Hromek
11.15am - 11.45am	Morning Tea - snacks provided.	
11.45am - 12.15pm	Panel Discussion. Case Histories & Clinical Discussion.	Panel / Presenters
12.15pm - 1.00pm	Introduction to the Clinical Use of Chelation Therapy.	Dr. Karel Hromek
1.00pm - 2.00pm	Lunch provided - and <b>Feedback Forms to be completed and returned.</b>	
(1.30pm - 2.00pm)	The Use of EDTA and Integrative Medicine in Treating Heavy Metal Toxicity.	Dr. Yaisy Picrin
2.00pm - 2.15pm	Chelation Therapy (EDTA) Theory.	Cliff Meakin
2.15pm - 2.30pm	Potential EDTA Toxicity.	Dr. Karel Hromek
2.30pm - 3.00pm	Use of Chelation Therapy as an Adjunctive Treatment for Cardiovascular Disease.	Dr. Karel Hromek
3.00pm - 3.15pm	Afternoon Tea - snacks provided.	
3.15pm - 3.30pm	EDTA Video of a Senior Cardiologist Commenting on the EDTA TACT Trial.	Dr. Karel Hromek
3.30pm - 3.45pm	IV EDTA Therapy Demonstration (preparation of EDTA infusion).	Sue McGregor
3.45pm - 4.15pm	Case history discussion and panel review of the Injectable Nutrients Workshop.	Panel / Presenters
4.15pm	Close.	

Post-Test Submission to be presented within 7 days. Upon receipt, a Certificate of Attendance will be forwarded.

## Support Staff

**Flor de Maria Neyra** RN Div 1 ACMN ACNEM  
Over 30 years of nursing experience with 15 years specialising in integrative medicine. Extensive experience in the practical and clinical use of injectable nutrients.

**Sandra Cucancho Gomez** BHSc Naturopath RN Div 1 APRHA NHAA AIMA  
Integrative practitioner. Qualified Naturopath practitioner and Registered Nurse Div 1, specialising in integrative medicine. Extensive experience in the clinical use of intravenous nutrients, an international lecturer with a major interest in integrative oncology.

**Fernando Scuderi** BA/BCom MBM  
Marketing and strategy.

**Sharon Kerr**  
Event co-ordinator.

**David McArthur** BA/Photography  
With over 25 years of professional photography experience, David is one of the leading photographers in Australia.

**Ray Close** MSCP DipIT SoftDev DipIT ASQC CertAUD  
IT and audio visual assistance.



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