

Hands On Nutrition Assessment

2-DAY WORKSHOP • 8-9 SEPTEMBER 2021

PARK HYATT MELBOURNE



Program

Presenters



Prof. Mel Sydney-Smith *MBBS PhD FACNEM*

Director and medical practitioner at the Holistic Medical Centre and founder of the Australian College of Holistic Medicine. Author of a Masters Degree in nutritional medicine. International lecturer and author in nutrition and integrative medicine.



Dr. Ashley Berry *MBBS Grad Dip (Nutrition)*

Major interest is nutritional/complementary medicine. He believes that most chronic illnesses can be improved through a nutritional focus. International lecturer and author in nutrition and integrative medicine.



Dr. Marcus Hewitson *MBBS BSc FRACGP*

General Practitioner and clinic owner at OSNEM (Ocean Shores Nutritional & Environmental Medicine). RACGP Fellowship 2009. He combines comprehensive patient assessment with cutting edge Functional laboratory testing to address the root cause of disease. Lectures nationally and internationally.



NutritionMedicine

Investigate · Inform · Improve

Day 1

Wednesday 8 September

Fairmont Room

8.30am - 9.00am	Registration / Tea & Coffee	
9.00am - 10.30am	Nutritional Assessment Introduction	Prof. Mel Sydney-Smith
10.30am - 11.15am	Morning Tea.	
11.15am - 12.45pm	Nutrition Assessment Protocol – symptoms, signs and diet.	Dr. Ashley Berry
12.45pm - 2.15pm	Lunch.	
2.15pm - 3.45pm	Nutrients and Nutrient Deficiency.	Prof. Mel Sydney-Smith
3.45pm - 4.30pm	Afternoon Tea.	
4.30pm - 6.00pm	Physical Examination.	Prof. Mel Sydney-Smith

Day 2

Thursday 9 September

Fairmont Room

8.30am - 9.00am	Arrival / Tea & Coffee.	
9.00am - 10.30am	Laboratory Investigation – making the most of common pathology test.	Dr. Ashley Berry
10.30am - 11.15am	Morning Tea.	
11.15am - 12.45pm	Ancillary Laboratory Tests.	Prof. Mel Sydney-Smith Dr. Ashley Berry
12.45pm - 2.15pm	Lunch.	
2.15pm - 3.45pm	Case Study – Clinical Presentation.	Prof. Mel Sydney-Smith Dr. Ashley Berry
3.45pm - 4.30pm	Afternoon Tea.	
4.30pm - 6.00pm	Case Study – Clinical Presentation.	Prof. Mel Sydney-Smith Dr. Ashley Berry

