

Introduction to Clinical Applications of Injectable Nutrients in Integrative Medicine



AIMN

Australasian Institute for
Medical Nutrition

**1 DAY WORKSHOP •
SATURDAY 18 MAY 2024**

PARK HYATT MELBOURNE

PROGRAM

TO REGISTER, CALL **03 9580 6943**

MORNING SESSION

7.30am - 8.00am *Registration / Tea, Coffee, Light Snacks Provided.*

8.00am - 8.15am **Opening Address and Introduction**

Dr Ian Dettman
Dr Joachim Fluhrer

8.15am - 9.00am **Introduction to Injectable Vitamin C**

How does Vitamin C work? A concise overview of its safety, efficacy and manufacture. High Dose v Low Dose.

Dr Nikolaj Travica

9.00am - 9.45am **Use of Injectable Nutrients in General Practice**

Viral conditions, Cancer, Diabetes, Asthma, Allergies, Parkinson's Disease.

Dr Joachim Fluhrer

9.45am - 10.15am **Current clinical trials with High Dose Intravenous Sodium Ascorbate**

Active clinical trials using SA in Australia and around the world.

Dr Nikolaj Travica

10.15am - 10.45am *Morning Tea / Light Snacks Provided.*

10.45am - 11.15am **Myers Cocktail / Chronic Fatigue**

Vitamin C, B-Complex, Methylcobalamin, Magnesium.
Injectable Nutrient Guidelines for various conditions.

Dr Joachim Fluhrer

11.15am - 11.45am **Glutathione and Clinical Uses including Guideline Protocols**

How does Glutathione work?

Dr Nikolaj Travica

11.45am - 12.00pm **Panel Discussion**

Panel / Presenters

12.00pm - 1.00pm *Lunch - Full Lunch Meal Provided.*

AFTERNOON SESSION

1.00pm - 1.40pm **Medico Legal Considerations**

AHPRA, TGA & Medicare standards; patient records; advertising; insurance; prescribing; medicine quality; off-label use; Authorised Prescribers; nurses; IV and cosmetic clinics.

Daan Spijjer

1.40pm - 2.40pm **How to go about Setting Up a Clinic**

Including infection control, equipment and personnel required.

Kim Raffin

2.40pm - 3.30pm **Demonstration of an IVC (push) and Myers Cocktail**

Kim Raffin
Chantel Marks

3.30pm - 4.00pm **IVC & EDTA as Potential Detoxifying Agents**

Dr Nikolaj Travica

4.00pm - 4.30pm **Clinical Cases Discussion**

Dr Joachim Fluhrer

4.30pm - 5.00pm *Afternoon Tea / Light Snacks Provided.*

5.00pm - 5.20pm **Accessing Non-Registered Medicines through the Authorised Prescriber Scheme**

Fernando Scuderi

5.20pm - 6.00pm **Clinical Cases / Overviews & Take Home Messages**

Panel / Presenters

PRESENTERS / PANEL



Dr Ian Dettman *PhD (Biochem, Monash Uni) BSc(Hons) FRMIT (Microbiol, Biochem) ND FANTA FACBS RACI
MASM PDA AIMS PSA MHPA ACNEM (Life Member) ACMN (Founder) ATMS AIMN (Founder)*

Founding director of AIMN; qualifications & experience in biochemistry, microbiology, pharmacy, pathology & naturopathy; principal author of AIMN training. Managing Director of Biological Therapies.



Dr Joachim Fluhrer *MB BS ND FACNEM*

Founder of Your Health clinics in Sydney, with many decades of experience in integrative medicine and a seasoned presenter. Director Genostics.



Daan Spijer *LLB ACNEM (Life Member)*

Daan has a degree in law. He brings his experience at ACNEM (former CEO) and at ACMN to AIMN. Daan continues to assist doctors from time to time when dealing with Australian authorities.



Kim Raffin *EN Div 2*

Founder and Managing Director of the Drip Club, Evolve Medical Solutions and Chique CosMedical Skin & Body Solutions. Kim is an enrolled nurse with a passion for integrative medicine and holistic approach to its numerous practices.



Dr Nikolaj Travica *PhD BPsych(Hons) ARCS*

Medical researcher who completed a PhD exploring the relationship between vitamin C on brain health. Completed a Post-Doctoral Research Fellowship focusing on nutritional medicine and has coordinated numerous nutritional clinical trials that have been published. Senior researcher at Biological Therapies.

Support Staff

Fernando Scuderi *BA/BCom MBA*

Marketing and strategy.

Sharon Kerr

Event co-ordinator.

Chantel Marks *RN Div 1*

Support staff.

David McArthur *BA/Photography*

With over 25 years of professional photography experience, David is one of the leading photographers in Australia.



AIMN

Australasian Institute for
Medical Nutrition

AIMN

PO Box 738

Braeside VIC 3195

Australia

T +61 3 9580 6943

F +61 3 9580 7634

E info@aimnutrition.org

W www.aimnutrition.org

www.aimnutrition.org